



Mason County Schools September 2017 Elementary Breakfast Menu

Students must take at least 3 items with one being a fruit or a juice

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Sept 4 Sept 11 Sept 18 Sept 25	Sept 5 Sept 12 Sept 19 Sept 26	Sept 6 Sept 13 Sept 20 Sept 27	Sept 7 Sept 14 Sept 21 Sept 28	Sept 8 Sept 15 Sept 22 Sept 29
Sausage Pancake on A Stick/Syrup Whole Grain Cereal Variety 100% Fruit Juice Fresh/Canned Fruit Milk Variety	WG Breakfast Pizza Whole Grain Cereal Variety 100% Fruit Juice Fresh/Canned Fruit Milk Variety	WG Toaster Pastry Yogurt Variety Whole Grain Cereal Variety 100% Fruit Juice Fresh/Canned Fruit Milk Variety	Sausage, Egg WG Biscuit Whole Grain Cereal Variety 100% Fruit Juice Fresh/ Canned Fruit Milk Variety	Mini Doughnuts Cheese Stick Whole Grain Cereal Variety 100% Fruit Juice Fresh/Canned Fruit Milk Variety

- All meals include availability of water. Menus are subject to change

This Institution is an equal opportunity provider

